

Ashwater Newsletter June 2022



Ashwater Jubilee Celebrations

June 2nd - June 5th 2022

HELP

Please come and help to erect the marquee on the village green

Tickets for the Grand Prize Draw will be on sale throughout the four-day event

Thursday 2nd June - Fete on the Village Green

(In the Parish Hall if really wet)

11am to 5pm

Family fun and games including:

- The Bean Bag Challenge, Tin Can Alley, Wine or Water? Guess the Parrott's Name, Bran Tub, How Much in The Jar? Cake Stall, Plant Sale, Bric-a-Brac, Village Stocks – any volunteers to brave the wet sponges?
- Parachuting Teddies (From the Church Tower) and a Treasure Hunt for the 'Queen's Jewels' both between 11am-1pm (Rules in Newsletter and Shop)
 - Photographic Display and a chance to take a selfie with 'Royalty' (In the Church).
 - Fancy Dress Competition
 - Scarecrow Competition
 - · Ashwater Steel Band
 - · 3pm Maypole Dancing all join in
 - 4pm Welly Wanging for prizes

Thursday 2nd June

(Evening)

7pm - 9.30pm

A Hog Roast outside the hall with live background music – everyone welcome, no set fee, but donations appreciated.

9.15pm

The lighting of the Jubilee Beacon at 9.15pm to coincide with

Friday 3rd June

Skittles

1.30pm - 4.30pm

In Ashwater Parish Hall

Everyone invited, no previous experience required, it's fun and a 'one off' challenge. This will be a pairs competition, couples drawn on the day to play for the Jubilee Trophy.

Entry £2.00 per person to cover the hall hire.

Friday 3rd June

(Evening)

The Jubilee Quiz – in Ashwater Parish Hall

7.00pm - 10.00pm

Teams of four (Don't worry if you don't have a team, come along and join in anyway).

There will be wine on the table and a small pay bar with nibbles – prizes for the winners.

(Tickets £2.00 per person in advance from the shop or £3.00 on the night).

Saturday 4th June

Craft Fair in Ashwater Parish Hall

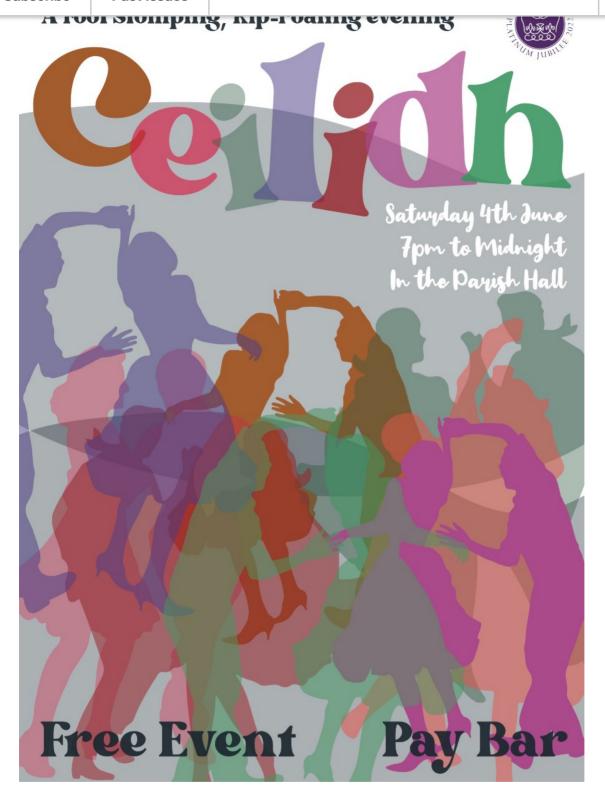
9.00am - 12.30pm

Bacon Baps and light refreshments on sale, come along, browse, buy and chat.

Saturday 4th June

(Evening)

7pm - Midnight



SPINACH FOR NORMAN

A Foot Stomping Ceilidh
In the Parish Hall
A rip-roaring evening featuring
A four-piece band (two fiddles, guitar and bass)

THIS IS A FREE EVENT

Sunday 5th June

11am - 11.30am

Church Service followed by 'Thimblerigg' performing the Devon Bell Ringing Song.

"One day in October, neither drunken nor sober
O'er Broadbury Down I was mending my way
When I heard of some ringing, some dancing and singing
I'll always remember that jubilee day
'Twas in Ashwater Town, the bells they did sound....

Come and join in with the singing and musical performance of this famous old song, perhaps bring a hand bell and then on to the big bring and share lunch?

Sunday 5th June THE BIG LUNCH

12.30pm onwards

Bring and share lunch at Ashwater Parish Hall to celebrate the end of the Jubilee Festivities. Wear your finest patriotic hats, wave the flags and commemorate a unique festival with some light musical entertainment by 'Thimblerigg'.

This is a free event and the Grand Jubilee Draw will take place for all those who have bought draw tickets.

Winners of the hanging basket/flower display competition will be announced.

Ashwater Jubilee Celebrations

Tickets to the quiz are on sale in the shop or contact Ivan Buxton at:

ibuxton16@btinternet.com

Tickets for the Grand Draw will be on sale at all the events being held between 2nd and 5th of June.

The draw will be held at the **BIG LUNCH** on 5th June.

The shop has entry forms for the 'Top 5 Historical Events' during the Queen's reign at £1.00 each.

Scarecrow Competition – Jubilee Weekend

Scarecrows will need to be red white and blue themed.

1st prize - £30

2nd prize - £20

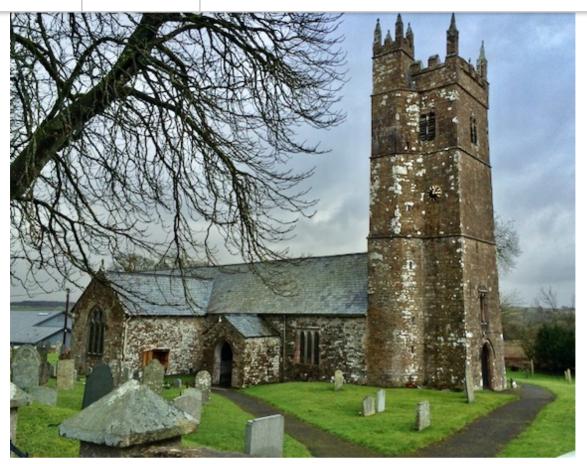
3rd prize - £10

Entry forms, available from the shop, will need to be filled in and left at the shop no later than the 20th May 22, the competition is open to anyone in Ashwater Parish.

Scarecrows will need to be situated within the village boundary for them to be judged.

Ashwater Parish Hall Committee





CHANGE OF SERVICE TIMES

As from July 2022, there will be a service on the 1st and 3rd Sunday of the month at 9.30am

July

3rd - Communion

17th - Morning Service

August

7th - Morning Service

21st - Communion

September

4th - Communion

18th - Morning Service

October

2nd - Harvest Service (Communion)

16th - Morning Service

It would be nice to offer tea/coffee and biscuits after the Morning Service but we need offers

VERGER

A person is needed to take on the role of Verger, which is mainly to meet and greet people at the church for weddings, funerals etc . This is important as many people are unsure where things are and what to do in the church.

PRACTICAL HELP URGENTLY NEEDED

Church Maintenance

Someone is needed to check around the church building regularly and organise running repairs and maintenance, oil deliveries etc. This can be someone who isn't necessarily a churchgoer but would like to offer practical help.

Church cleaning

Offers of help for this would be gratefully received, either to go on a rota or to help in a bigger clean up 2 or 3 times a year.

Shed construction

A new storage shed needs constructing in the church grounds. The base is already there but a few volunteers are needed to put the shed up.

Also, the old kitchen unit in the vestry at the back of the church needs removing and a cupboard moved.

It's quite a list but at the moment all this falls on one person's shoulders and he would like to be relieved of some of his jobs!

The church congregation is so small that there aren't enough people to cover the work needed.

If you can help in ANY way, please contact Liz Martin on 07854491307.

Thank you

Holsworthy Walk and Talk

Last month both Level 2 and Level 3 groups had the opportunity to walk at Dunsdon Nature Reserve near Pancrasweek. The Nature Reserve is managed by Devon Wildlife Trust and is home to a rich variety of insects, birds and wild flowers. Various flower species exercised the little grey cells of the 'botanists' amongst us in an effort to identify them.

For a number of years we have been unable to walk across the path through the Culm

moor grass and rush. Its environmental properties of water retention are being investigated as potential for flood management together with its ability to filter pollution and retain carbon dioxide.

Having traversed the grassland we arrived at the Bude Canal which is beautifully maintained by Bude Canal Trust. The towpath is kept mown making walking very easy. There is also an information board at one point explaining some of the history of the Bude Canal.

The peace and quiet of this unspoilt part of Devon, together with a glimpse into some of the local industrial history is really worth a visit. It certainly fulfils all the requirements of a health-promoting walk both physically and psychologically.

We walk on Mondays and Fridays. All walks start at 10.30 am and are FREE. Membership forms are available from our Volunteer Walk Leader prior to the start of the walk.

Our website has lots of up to date information, together with our current programme of walks, details below.

Contact

holsworthywalkandtalk@gmail.com Gillian Aston 01409 254642 Mike Jackson 01409 261196 Paul Davies 01409 25325 http://holsworthywalkandtalk.co.uk

Events in the Ashwater Parish Hall

Mon pilates 10.00 -12.30 Tues pilates 10.00 -12.30 Wed zumba 9.45 -10.45

Wed badminton 19.30 - 21.30

Parish Hall Bookings and Enquiries

Email: ashwaterparishhall@gmail.com Tel: 07787 290 292



Amazon will donate 0.5% of the purchase price to Ashwater Parish Hall CIO.

AmazonSmile is the same Amazon – same products, same prices!

All you need to do is to go to: smile.amazon.co.uk. Log into your Amazon account as normal and choose Ashwater Parish Hall CIO as your charity.



We can all face problems that seem complicated or intimidating. At Citizens Advice Torridge, North, Mid & West Devon we provide free, independent, confidential and impartial advice to everyone on their rights and responsibilities. Here is an example of the kind of questions we are being asked and the advice we give in response.

"I am a single parent, with two young children. I am already struggling to stay on top of my household bills; my weekly food shop isn't stretching as far anymore and now my energy bill is going up too. I don't know how I'm going to afford all of these price rises. What can I do to stop my finances spiralling out of control?"

This will resonate with many people – especially currently. Here is our response.

Firstly, you are not alone in this and there's support to help you. It's worth checking if there are benefits you don't know about that you're eligible for, including support with your energy and living costs. On the Citizens Advice website there's a benefits calculator, advice on how to reduce living costs and information on other ways to increase your income. There's also emergency support that you may have access to, like food bank vouchers or fuel vouchers. You could contact your local council to see if they could offer support. If you're struggling to stay on top of bills, it's really important to understand what money you have coming in and going out each month. Citizens Advice has a budgeting tool on its website to help with this. And if you're already behind on bills, prioritise paying your rent or mortgage, plus energy bills and Council Tax first. Not paying these bills has serious consequences. You should speak to the person or company you owe money to, to see if they can help you repay your bills sustainably. We know that times are incredibly tough but please remember, you don't have to face this alone, do contact us at CA TNMWD to help you find a way forward.

To contact Citizens Advice Torridge, North, Mid & West Devon:-

- □ Call our free, local Adviceline on 0808 27 87 99
- ☐ Email us on info@ruraldevoncab.org.uk
- Usit www.ruraldevoncab.org.uk click on 'get advice' for advice and webchat
 How about becoming a volunteer? Volunteering with us is interesting and rewarding.
 We provide full and comprehensive training so why not contact recruitment@ruraldevoncab.org.uk for more information?

Pilot transport schemes to tackle loneliness

A series of innovative transport schemes are being introduced in Devon to help reduce loneliness in people over-55 years old and young people aged between 16 and 24 years old.

Our project is one of just 12 chosen from across the country (out of more than 200 applicants) to have successfully bid for the government's Tackling Loneliness with Transport funding.

We will be working with <u>Devon Communities Together</u>, <u>Devon and Cornwall Rail Partnership</u>, <u>One Northern Devon</u> and <u>WestBank Community Health and Care</u> to deliver a variety of support such as:

- implementing travel trainers who will provide support to help passengers gain confidence in using public transport, understanding timetables, and buying tickets or using travel passes, in order to encourage increased independent travel
- introducing a travel buddy system to encourage sociable travel and help people to switch to public transport from the car for some journeys
- · driver training initiatives to help improve the journey for passengers
- having a community grants fund focussing on 'cold spots' in the county with limited or no public transport services
- targeting young people with a community rail project and a 'Try the Train' initiative

Read the full story on the news page of our website to find out more.



Supporting young people in employment, training or education

Ezra Holman (pictured, right) from Exmouth, became the 100th young person to benefit from our Devon Youth Hub service, after looking for help with job applications.

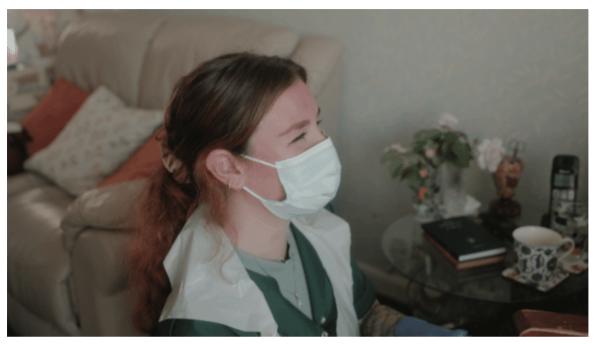
The Devon Youth Hub supports young people, aged 16 to 24, into employment, training, or education.

Having graduated as an aviation engineer, Ezra struggled to get any entry level opportunities in the area. His CV was very strong, but he'd been struggling with his cover letter and initially he felt unable to recognise and talk about his skills and strengths.

The Youth Hub helped Ezra to improve his ability to complete application forms, by examining the job descriptions in more detail and exploring his skills and experience.

"I'm enjoying my role, the team at Milestone Infrastructure have been supportive and are pushing me," says Ezra. "It's really interesting!"

Read more about Ezra and the support he's received from the Devon Youth Hub on the news page of our website.



Frontline care workers applauded for their ongoing commitment

Frontline care workers say coronavirus is still having a major impact on their caring roles, with some saying that they do not yet consider themselves to be out of the pandemic response.

Members of Devon's Local Outbreak Engagement Board met this week, and its chair, Cllr John Hart, started by thanking all health and social care workers for their ongoing and tireless support.

The Board heard how staff in domiciliary and residential care, day services, supported living arrangements, as well as volunteers and others in local communities continue to be working exceptionally hard to keep people safe and well.

But they also heard that some staff are finding it difficult to adjust in this period, between the pandemic as was and public life now, while coronavirus for them is still having a significant impact on their day to day working lives.

Cllr Hart, said:

"I, and the rest of the Local Outbreak Management Board, want to thank the Devon public for continuing to take up their vaccines.

"We also want to give a huge thank you to all those health and social care workers, backed by local communities and volunteers, who continue to look out for vulnerable people, and who have worked – and are still working – so hard, for so long, to keep everyone, especially the most vulnerable, safe and well."

Read the full story on the news page of our website.

ob of the week

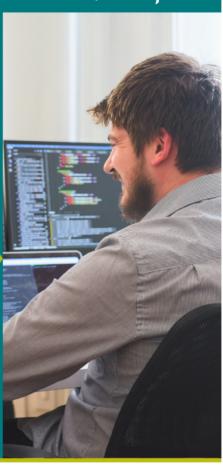






Junior Software Developer

- Exeter
- 😥 £24,432 £27,514 per annum
- Full time
- Closing date 20 June



Devonjobs.gov.uk

Job of the week - Junior Software Developer

Are you passionate about creating digital services that make life easier for people?

We're looking for a Junior Software Developer to join our dynamic team designing, developing, testing, debugging and maintaining fantastic digital services for the people of Devon at a time of rapid digital transformation across local government.

You'll need a good understanding of HTML5, CSS, Javascript and SQL and be enthusiastic about learning new skills, and we'll provide the training and support you need to quickly become confident in low code development using platforms like Outsystems.

In return for your valuable contribution, we offer a competitive salary, flexible working including remote working, an attractive pension scheme, a staff discount scheme, and a minimum 20 days annual leave (plus bank holidays).

To find out more and apply, visit the Devon Jobs website.



Autumn COVID-19 booster jab advice announced

There is just over a month left of the Spring booster; although people who are eligible will still be able to have their booster after the end of June.

Meanwhile the <u>Joint Committee on Vaccination and Immunisation (JCVI) provided interim advice to government last week</u> on an autumn booster dose.

The boosters would be for more vulnerable adults, alongside frontline social care and health workers, in order to maintain their protection over the winter against severe COVID-19.

The JCVI's current view is that in autumn 2022, a COVID-19 vaccine should be offered to:

- · residents in a care home for older adults and staff
- frontline health and social care workers
- all those 65 years of age and over
- adults aged 16 to 64 years who are in a clinical risk group

The committee will announce its final plans for the autumn programme, including further detail on the definitions of clinical risk groups, in due course.



Staying healthy over the Jubilee weekend

As the country prepares to celebrate the historic Platinum Jubilee, the NHS in Devon is reminding people where to get help if they need it and to ensure they have enough prescription medication for the double bank holiday as most GP practices ask patients to order their repeat prescriptions at least three days in advance.

The NHS expects to experience similar extra pressures to those typically seen over the long bank holiday at Easter, with many GP practices closed on the public holidays and more people out enjoying the outdoors.

Dr Nigel Acheson, Medical Director for NHS Devon, said:

"Our NHS staff are still on hand if you need them, but please help us by choosing the right service and ensuring you have enough prescription medication to get you through the extended bank holiday.

"If people are visiting Devon over half-term, they can contact their practice back home for an online consultation and advice during practice opening hours in the run up to the bank holiday."

Pharmacies will be open over the long weekend, and you can <u>view opening times for your nearest pharmacy online.</u> For more urgent issues, <u>phone 111</u> or <u>visit the NHS 111 website</u> to get the right treatment, more quickly, at any time of day or night.



Get your COVID-19 vaccination this half-term

Many COVID-19 vaccination clinics will be running throughout half-term and the Jubilee weekend.

People who are eligible for a spring booster are urged to take up the offer.

Children aged five to 11 years old need to attend a clinic to have their vaccinations, as do any 12 to 15 year olds who are not yet fully jabbed as the secondary school vaccination programme has now ended.

Leigh Mansfield, Programme Director for Vaccination Services in North and East Devon said:

"Half term is a great time to get your children vaccinated ahead of the summer holidays as COVID-19 restrictions are still in place for many travellers.

"We also welcome adults who haven't yet had the vaccine and have decided to take up the offer now."

Booked appointments can be made by calling 119 or through the <u>online National Booking Service</u> and walk-in clinics are <u>listed on the NHS website</u>.



New Chair sworn in as Annual Meeting returns to County Hall after two year hiatus

Earlier this week, at the first Annual Council Meeting at County Hall for two years, we welcomed Councillor Ian Hall, who represents Axminster, as our new Chair.

A former member of Axminister town council, Cllr Hall has been a county councillor since 2007 and was elected to East Devon District Council in 2015.

His interests include sport and helping change young lives and promoting education through sport, and the role of faith groups to help unlock the 'hard to reach' residents of Devon. He believes in 'fairness for all' and has an interest in ensuring the mental and physical wellbeing of all of Devon's residents - which will be the main theme for his year of office.

"It's been difficult for many, none more so than young people, but I have been heartened to see that over the last decade the conversation around mental health has continued to increase in prominence," he said.

"But there is still an incredible amount to do – never has there been a time when this issue has been so important, and we must all ensure that we look out and support one another and help our communities to heal."

Councillor Percy Prowse, who has represented Duryard and Pennsylvania since 2009, is our new Vice Chair.

Read the full story on the news page of our website.



How are you celebrating The Queen's Platinum Jubilee?



The Queen's Platinum Jubilee weekend

Her Majesty The Queen will soon become the first British Monarch to celebrate a Platinum Jubilee. To mark her 70 years of service, we'll all be enjoying a special extended bank holiday weekend from Thursday 2 to Sunday 5 June.

There are many events and activities planned across the county. To find what's on near you, <u>please visit the government's Platinum Jubilee website.</u>

You can also find <u>lots of free resources to help with your celebrations</u>, including bunting, posters, recipe cards, kids' activity sheets and a celebration playlist, as well as details on <u>how to take part in a special creative challenge!</u>

There's a guide to the Platinum Jubilee weekend <u>on the Royal Family's website</u>, along with lots of interesting information about Her Majesty The Queen and the history of Jubilees.



Don't forget to use your free school meal holiday vouchers during May half-term

If your child currently receives free school meals, we've sent you some <u>supermarket vouchers to help you buy food over the May half-term holiday.</u>

Hundreds of schools across the county have helped us to distribute the vouchers, so please check your email inbox and redeem them as soon as possible before they expire.

Please get in touch with our free school meals team if you were expecting to receive one but don't. You can email them at freeschoolmeals@devon.gov.uk or call our education helpline on 0345 155 1019.

Many families in Devon have seen their financial circumstances change. If you previously didn't qualify for free school meals but your income has recently reduced or stopped, please apply online through the <u>Devon Citizens' Portal</u> to check if you are eligible for support as soon as possible.

This is the quickest and easiest way for your eligibility to be assessed and you will get an instant decision. Alternatively, call our education helpline on 0345 155 1019.

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Please email text and pictures to: <u>ashwaternewsletter@gmail.com</u>

Download from the Ashwater Parish website: <u>www.ashwaterparish.org.uk/parish-newsletter</u>

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